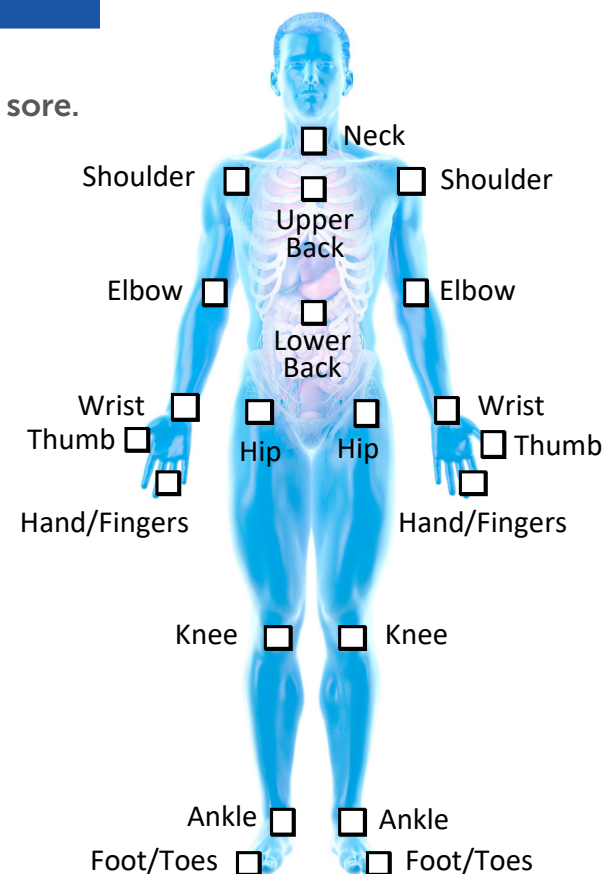


The Psoriasis Epidemiology Screening Tool (PEST) Questionnaire

Validated Screening Tool Approved for Use by the National Psoriasis Foundation

Answer the following five questions to find out if you're at risk for psoriatic arthritis. Then put a check mark next to the places on the diagram where your body feels tender or sore.

1. Have you ever had a swollen joint (or joints)? ☐ Yes ☐ No
2. Has a doctor ever told you that you have arthritis? ☐ Yes ☐ No
3. Do your fingernails or toenails have holes or pits? ☐ Yes ☐ No
4. Have you had pain in your heel? ☐ Yes ☐ No
5. Have you had a finger or toe that was completely swollen and painful for no apparent reason? ☐ Yes ☐ No



The PEST questionnaire for PsA (in people with PSO): score 1 point for each question answered in the affirmative. A total score of 3 or more is indicative of psoriatic arthritis (sensitivity: 0.97; specificity: 0.79; positive predictive value: 0.65; negative predictive value: 0.94).

Sciepro/Science Photo Library via Getty Images